

# Birthday Party Info Sheet



Thank you for booking your birthday party with Monarca in Flight. Following is information you will need prior to and during your party.

## Location

Monarca in Flight is located at 3431-F Carlin Springs Road, Falls Church, VA, at the intersection of Leesburg Pike and Carlin Springs Road. We're in the same shopping center as Party City, Ballet Nova, and REI, on the lower side, facing the playground.

## Timing

The staff at Monarca in Flight will confirm your party appointment a week or so prior to the party. At this time, please provide a list of the participants--with names correctly spelled--to Monarca in Flight. Please be sure to arrive approximately 15 minutes early for your party to handle any paperwork and ensure all the participants are accounted for.

## Event Format

The birthday party will consist of 2 parts. The first hour will be an intro to aerials class for the participants where they will be guided by Monarca staff in some basics of aerials. The class will take advantage of two different aerials apparatus: fabric and sling, and all participants will have a chance to work with both.

The final 30 minutes are yours to use as you wish. Monarca in Flight will provide tables for you to set up and serve any refreshments and birthday cake you wish to bring. Any of our staff who are present and not involved with the class portion will be happy to help you set up. Monarca in Flight will have plastic forks, cups, napkins, and small paper plates available if you wish to use them.

## Clothing

Close-fitting and comfortable clothes are recommended. Tights & leotards are typical, but shorts & t-shirts will work -- we just want to make sure clothing doesn't get tangled in the fabric as that can make for some uncomfortable situations. Class participants may wish to cover their underarms. For your safety and to protect our equipment, NO JEWELRY and NO ZIPPERED CLOTHING on the aerial apparatus. To keep the studio clean, we require that you remove your shoes in the entry area. There are cubicles in the front room where you can store your possessions. We also recommend wearing leggings or pants that cover the backs of your knees. A small towel is probably a good idea too as aerials participants can find themselves working pretty hard at times.

## Safety

We take safety very seriously at Monarca in Flight, and our top priority is ensuring no one gets hurt. Participants must follow instructions given by instructors and staff and obey any posted

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signs and warnings. Anyone refusing to follow instructions may be ejected from the facility with no refund.

## Releases

All participants (or their parents/responsible adults in attendance) must sign releases indicating their acceptance of risk. While every precaution is taken to ensure participants' safety, Monarca in Flight will not be held responsible for injury caused by factors beyond its control, including participant behavior and improper use of equipment.

## Studio Rules

We don't have many, but we have them for a reason. Please be sure to follow:

- **Remove shoes before entering classrooms.** You may leave them in the gray zone.
- **No food or drinks in classrooms.** You may leave them in the gray zone.
- **No cell phones in class.** Please be considerate and take your conversations where they won't disturb a class in session.
- **Only participants in the classrooms.** Parents must wait outside the classroom during youth classes. There is a viewing window where you can watch what's happening. Twice during the class, the instructors will invite the birthday child's parent plus one other adult into the classroom for photo opportunities.

## Next Steps

So what happens in one or more participants get hooked and want to pursue aerials further? Our staff will be happy to discuss classes, schedules, and pricing after your event.